



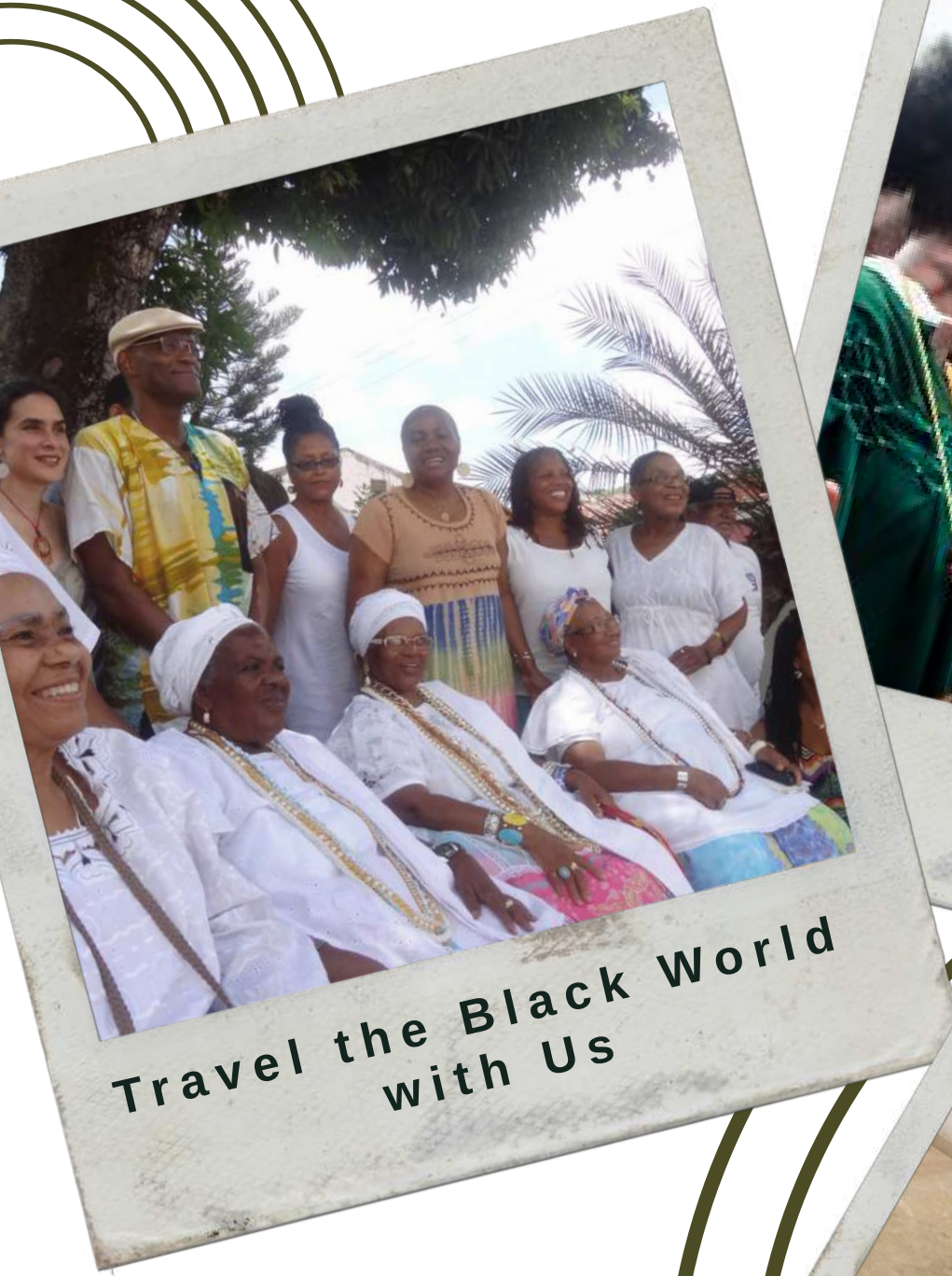
The Association of Black
Psychologists, Inc.

Bay Area Chapter



Delegation to Cuba: Deepening Our Understanding of Afro Cuban Culture and Approaches to Psychological Healing

April 12-20, 2025



Statement of Collaboration

In collaboration with the Bay Area Chapter of ABPSI, Global Academics will host an African Centered trip to Cuba April 12-20, 2025. This delegation is open to all ABPSI members and affiliates both nationally and internationally. The aims of this tour is to deepen participants' understanding of the Black experience, to reflect on frameworks and practices utilized in the field of Psychology in Cuba, and to examine issues of race, gender and identity within the context of Cuban society.



Who is Global Academics & Dr. Siri Brown (CEO and founder)



Global Academics (510c3) offers culturally immersive tours to the Black World. We specialize in customized itineraries for your organization and draw off of the numerous long-term relationships we have established with leading Black activists, artists, intellectuals and politicians. We are thus able to provide high-quality experiences and an unparalleled depth of understanding to the country you choose.



Dr. Siri Brown is the founder and CEO of Global Academics. Dr. Siri Brown is a two-time Fulbright scholar for abroad projects in both Brazil (2012) and South Africa (2019).

Dr. Brown has over 20 years of teaching experience as a tenured faculty member in African American Studies at Merritt College, and part-time in Ethnic Studies at UC Berkeley. She recently served as the Vice Chancellor of Academic Affairs & Student Support Services at Peralta Community College District, and was the chair of the Ethnic Studies & Social Sciences department for over 10 years. Dr. Brown holds an M.A. in African American Studies and a Ph.D. in U.S. History with an emphasis in Early American, African American, and U.S. Women's History from The Ohio State University.

Dr. Brown's goal is to create "learning that lasts a lifetime," as she sees immersion travel as one of the most powerful ways to learn and connect with the richness of the Black world.

Contact Global Academics at tours@global-academics.org or (510) 808-5373.



Havana, Cuba



Cuba: The African Roots of a Revolutionary People

At Global Academics, we have conducted over 25 legally complaint tours to Cuba due to our expertise in both U.S. and Cuban law. We have extensive contacts with top Afro-Cuban artists, filmmakers, cultural specialists, and scholars including Afro-Cuban Psychologists and Social Workers that can enhance your organizations cross-cultural understanding and approach. In our numerous tours to Cuba, Global Academics has never been denied a visa nor approval for professional organizations like yours. It is 100% legal for an organization like ABPSI to travel to Cuba and at Global Academics we know the processes to ensure a safe, smooth, and enlightening experience.

Cost for Double Occupancy \$3500. Add an additional \$500 for Single Occupancy

Cost Includes*:

- RT Flight from Miami to Havana,
- Travel Visa,
- In-country health insurance,
- In-country transportation,
- Two-three meals per day,
- All activities and workshops,
- Experienced bi-lingual Afro-Cuban guide,
- Accommodations in a top 4-star hotel
- And all tips for group meals.

*Cost does not include RT flight to and from Miami nor alcoholic beverages.

Dates of Travel: April 12-20, 2025

This trip will sell out and is available on a first come, first serve basis. A \$500 non-refundable deposit secures your space. The deposit deadline is November 3rd, 2024. The balance can be paid in installment through March 12, 2025. Your deposit counts towards the total cost. The total balance due date is March 1, 2025.

[Click Here to Register](#)

Information Session

Join us for 2 live information sessions that will be recorded and shared.

- ✓ **Wednesday September 18, 2024 | 7 pm - 8 pm PST.**
 - [Click Here to Join Zoom Link](#)
- ✓ **Sunday October 13, 2024 | 10am-11am PST.**
 - [Click Here to Join Zoom Link](#)

9 DAY TRIP

Cuba Itinerary

Day 1

- Fly to Havana from Miami and arrive in the early afternoon Meet local Afro-Cuban guide, Sara
- Private bus tour of Havana with stops at Revolution Square, the Malecon, and Old Havana
- 3pm check-in to Gran Muthus Hotel Habana
- 6pm Hosted Welcome Dinner
- Optional evening at a local Jazz Club for live music

Day 2

- Breakfast included each morning at the hotel
- 10:00am Walking tour of Old Havana and Cathedral Square (UNESCO heritage site)
- Visit to the Casa de Africa for Afro-Cuban cultural performance and African museum tour
- 12:00pm Hosted Lunch
- 2:00pm Discussion on "Race, Community, and Organizing in Cuba" by Dr. Mairel Suarez expert on Cuba's race relations
- 5:00pm Private Cuban jazz performance at the home of Pablo Menendez of "Mezcla"
- 6:00pm - 8:30pm Psychology Professionals Round Table Dinner: An exchange with Psychology Faculty from the University of Havana and APBSI members. Cuban Psychologists will share ideological and pedagogical approaches to Cuban Psychology with an emphasis on Race, Identity, and Healing
- 9:00pm Optional evening visit to the Art/Music facility Fabrica de Arte



Cuba Itinerary



Day 3

- 10:00am Visit to La Regla port/site of slave ship arrivals and Church of the Black Madonna. Guided tour of the Munciple Museo de Regla to learn about African spirituality and secret societies in Cuban history and culture
- 12:00pm Visit to Callejon do Hamel (Hamel's Alley) to learn about Palo Monte and La Regla de Ocha – African based spiritual system and the role it plays in building community.
- Drum and dance session with neighbors and artists of the neighborhood
- 2:00pm hosted lunch in Havana
- 4:00pm Visit to Afro-Cuban artist Jorge Almagro's home and studio
- Dinner on your own. Recommendations will be provided

Day 4

- 9am Visit with ICAP (Cuban Institute of Friendship with the People) welcome meeting on US Cuban relations and the principles of protecting Cuban society
- 11:00am Film review and discussion with Gloria Rolando, award winning Afro-Cuban filmmaker whose themes address culture, race, and Afro-Cuban identity for social change. Poetry reading by Nancy Morejon, the first Afro-Cuban woman to win Cuba's National Prize for Literature (2001) who will also discuss the role of spoken word in revolution
- Afternoon Free Time
- Dinner on your own. Recommendations will be provided

Day 5

- 9:30am Explore the organization and effectiveness Cuban Health Care system with visit to a neighborhood clinic to meet with doctors and nurses
- 12:00pm Hosted Lunch with talk by Norma Guillard Afro-Cuban feminists and iconic community leader
- 2:00pm Free time to explore the Havana Craft Market and Old Havana

Cuba Itinerary

Day 6

- 9:30am Visit to the Cuban National Literacy Museum to learn about the role of young women in the 1960s campaign “block-by-block” campaign to educate the new Revolutionary Cuba
- 11:00am Visit to the Fidel Castro Center to learn more about the principals of the revolution and President Castro’s contributions
- 1:00pm Hosted Lunch in Old Havana (we want to stay in this area so that they can just walk from the restaurant to have free time)
- Free time at the San Jose Craft Market for shopping and/or to explore Old Havana on your own

Day 7

- 10:00am Meet with Chocolate, famed Afro-Cuban Artist and intellectual in his studio for discussion and viewing of his Santeria based art and the role of art in informing spiritual and social change
- 12:00pm Visit to the Karibuni Community Center for a Discussion by Kenia Serrano, “Revolutionary Possibilities: having the imagination, maintaining radical optimism and faith in the victory of justice”
- Free afternoon
- 7:00pm Closing dinner at the famed San Cristobal restaurant, famed Afro Cuban owned restaurant in Havana

Day 8

- Free day to explore Havana, go to the beach or relax at the hotel pool

Day 9

- Return flight back to Miami for connections to your home city





Explore. Connect.
Learn. Celebrate.



*Travel the African Diaspora
with Global Academics!*

Contact Us

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