



Department of Anthropology

Ghana: History, Culture, and Anthropology *July 1 - 9, 2025*



**Travel the Black World
with Us**

Who is Global Academics & Dr. Siri Brown (CEO and founder)



The mission of Global Academics is to provide the most in-depth cultural immersion tour-related services to fulfill your organization's objectives in adding Black World travel to your community work. The most unique aspect of our service is that we have years of experience in the countries and local communities you will visit. This depth of experience has resulted in relationships with internationally known Black artists, academics, intellectuals, and community leaders who you will meet, learn from, and enjoy during your time abroad with Global Academics. We specialize in pre-organized groups including organizations who plan annual meetings abroad, college classes with faculty-derived learning objectives, youth organizations who seek globalizing experiences, and more. Examples of groups we have led include taking African American medical doctors to Cuba to learn about healthcare practices, DEI groups who seek a global understanding about race and identity, and college classes that want to deepen their understanding of the African presence in Latin America.



Global Academics is owned and operated by Dr. Siri Brown, a long-time educator in the Bay Area. Dr. Siri Brown is a two-time Fulbright scholar for abroad projects in both Brazil (2012) and South Africa (2019). Dr. Brown has over 20 years of teaching experience as a tenured faculty member in African American Studies at Merritt College, and part-time in Ethnic Studies at UC Berkeley. She recently served as the Vice Chancellor of Academic Affairs & Student Support Services at Peralta Community College District and was the chair of the Ethnic Studies & Social Sciences department for over 10 years. Dr. Brown holds an M.A. in African American Studies and a Ph.D. in U.S. History with an emphasis in Early American, African American, and U.S. Women's History from The Ohio State University.

Dr. Brown has led students and organizations on cultural immersion tours for over 15 years. Her love for Black/African culture, expertise in history, and immense cultural competence has allowed her to create partnerships with scholars, artists, and community leaders across the globe, which ensures the development of personalized, educational tour itineraries that are also fun and enjoyable. Dr. Brown specializes in uniquely customized tours that align with your organization's objectives.

Dr. Brown's goal is to create "learning that lasts a lifetime," as she sees immersion travel as one of the most powerful ways to learn and connect with the richness of the Black world.



Our Ghana Travel Experience:

At Global Academics, we have conducted educational tours to Ghana for over 15 years. Due to our extensive experience, we have deep contacts with leading Ghanaian artists, grassroots organizations, schools, cultural specialists, and scholars that enhance our study abroad tours and sets them apart from common tours that limit their itineraries to viewing statues and visiting museums. Importantly, your group will have a local Ghanaian guide the entire trip, be immersed in urban and rural areas, and have discussions with a variety of cultural and social welfare organizations. This gives students and faculty the opportunity to expand their understanding of the field of Anthropology in a manner that deepens the learning.



Learning Objectives in Ghana: Long Beach City College Department of Anthropology

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- 1. Cultural Proficiency and Awareness:** Students will immerse themselves in Ghanaian culture, gaining an in-depth understanding of local customs, traditions, and values. They will increase cultural sensitivity and empathy, essential skills for effective cultural Anthropological practice.
 - 2. Global Engagement:** By exploring community-based projects in Ghana, students will learn to apply Anthropological theories and methodologies in a global context. They will gain an increased understanding on addressing social issues in a different cultural setting.
 - 3. Critical Analysis of Social Issues:** Students will critically examine and assess the unique social challenges faced by Ghanaian communities, such as healthcare disparities, education access, LGBTQ+ rights, and institutionally imposed poverty. They will develop the ability to analyze these issues from an African-centered global perspective and propose evidence-based interventions.
 - 4. Collaborative Problem Solving:** Through visiting local organizations and communities, students will enhance their social analysis and problem-solving skills. They will work alongside Ghanaian counterparts to expand their ideas and enhance mutual understanding of social problems within a cultural context.
 - 5. Cultural Competence in the field of Anthropology:** By engaging with Ghanaian individuals and communities, students will develop the cultural competence necessary to navigate cross-cultural engagement, assessment, and comparison. They will learn how to build trust and rapport with people from diverse backgrounds.
 - 6. Ethical and Reflective Practice:** Students will reflect on their experiences in Ghana, evaluating any ethical dilemmas they encounter while implementing Anthropological practices. They will refine their ability to make ethically sound decisions while recognizing the cultural nuances that influence ethical considerations.

These objectives aim to encompass a holistic experience of LBCC students in Ghana, integrating cultural immersion, practical field application, and ethical reflection into their learning journey.

Flight and Travel Visas:

The price below includes round trip airfare to and from Accra, Ghana. Participants are responsible for obtaining their own visa to enter Ghana but Global Academics will provide information on this process and assist with questions.

Travel Insurance:

Travel insurance is included for each participant through USI and will include:
Accidental Death and Dismemberment per Insured Person Max limit \$10,000
Medical Expenses (per Coverage Accident or Sickness) Minimum \$50,000 - Maximum \$500,000
Trip Delay/Trip Interruption \$ 500
Emergency Medical Reunion \$1,500
Emergency Medical Evacuation \$100,000
Return of Moral Remains \$50,000
Baggage and Personal Effects \$ 1,000 max
Security Evacuation \$100,000

Pre-Travel Readings and Videos:

Global Academics will provide a brief but helpful set of pre-travel readings, films, and videos that can provide a deeper understanding of the country's rich history, culture, and politics. The completion of these resources is encouraged but not required.

Pre-Travel Meetings and Support:

Global Academics will provide a pre-travel Zoom meeting to go over logistics, safety, and a "What to Pack" list. This meeting should be attended "live" on Zoom by all participants but will also be recorded for reference. Additionally, Global Academics will provide two Visa Paperwork Office Hours by Zoom to answer any questions.

Cities Visited While in Ghana:

We will visit the cities of Accra, Larteh, and Cape Coast

Restaurants and Hotels in Ghana:

Each restaurant and hotel selected is intentional in that they are locally owned, and/or women-owned, with healthy options and local flavor.





Long Beach City College - Anthropology Department Ghana Itinerary

LBCC departs from LAX June 30th to begin the program on July 1st, 2025

July 1

- LBCC travelers arrive at the Kotoka International Airport (ACC) and transfer to our accommodations at the Aya Center
- Evening Circle: Welcome to Ghana – A brief overview of history, politics and culture by Professor Nehanda Imara, Global Academics Ghana Specialist

July 2

**Breakfast at the Aya Center is included each morning
Lunches are also included each day in local restaurants**

- Meet our local Ghanaian guide Nii Tetteh Afortey
- Lecture: African American connections to Ghana Past and Present by Dr. Ama Boakyewa
- Activity: Expert Guided Tour of the W.E.B. Du Bois Center. Students will be guided through the life and philosophies of Dr. Du Bois to learn more about his life, legacy and contributions to Pan Africanism.
- Activity: Visit to the Accra Osu Community- the historic migration home of the Ga people and presidential seat of government until 2013
- Activity: Twi Language class. Students will engage in an interactive session to learn basic phrases and words that will help them during the trip and beyond.
- “Akwaaba” Hosted Ghanaian Welcome Dinner

July 3

- Activity: Visit to the Kwame Nkrumah Mausoleum– the last resting place of the first President of Ghana, Osagyefo Dr. Kwame Nkrumah. The site is dedicated to President Nkrumah for his outstanding campaign to liberate Ghana from British colonial rule in 1957.
- Cultural Immersion Experience: Makola Market, one of Africa’s largest markets with art, crafts, fabric, traditional clothing, and instruments and so much more. Students who want African clothing made especially for them can buy fabric here too.
- Meet with seamstress to order clothing that will be custom made for you (optional and at additional cost)



Long Beach City College - Anthropology Department Ghana Itinerary

July 4

- Day Trip: Drive to Shai Hills Resource Reserve– nature reserve and monkey sanctuary (light walking/hike so wear good walking/tennis shoes)
- Cultural Immersion Workshop: Visit to Cedi Bead Village– renowned traditional Krobo bead production site. Traditional bead making demonstration by famed artisan Baba Cedi. There will be opportunities to purchase beads for gifts to take home
- Evening Reflection: The Cultural Concept of Production – Family, Tradition, and the Ways of Preservation by Dr. Ama Boakyewa

July 5

- Lecture: Environmental Justice in Ghana by a leading community organizer
- Visit to the Accra Arts Center– large crafts market with cloth, instruments, furniture, beads, traditional clothing and more. This is a great place to purchase local art, fabrics, carvings and clothing to take home.
- Learning Activity Globalization: A Scavenger Hunt in the Arts Center
- Culture Immersion Workshop: Drum and dance workshop to engage in the importance of both in African culture
- Reflection Circle: Sharing what we Learned through an Anthropology Lens by Dr. Ama Boakyewa

July 6

- Day Trip: Early drive to Cape Coast to visit the "slave dungeons". Reflect at the "Door of No Return" on our collective history and its meaning to us today. Return to Accra for an afternoon quiet time for personal reflection and remembrance

July 7

- Lecture: Family, Children, and Education in Ghana by University of Ghana faculty,
- Visit BASICS afterschool program. BASICS fights against child labor/ abuse/ trafficking/ illiteracy/ hunger by helping to improve the quality of life for women and children living in unsafe environments. With over 200 children, our mission is to protect the basic human rights of children to education, shelter, food and safety.
- Students will give donations to BASICS to support the work and as an act of solidarity
- Free Afternoon to explore Accra in small groups



Long Beach City College - Anthropology Department Ghana Itinerary

July 8

- Free Day in Accra
- Hosted Closing Dinner to celebrate the journey

July 9

Fly back to the U.S. with wonderful memories and lots of new knowledge in the field of Anthropology



Cost Details

The total cost per person is \$4,357 USD for the Ghana program. This includes, RT airfare to and from LAX, two pre-travel orientations and “office hours” for visa support, in-country transportation in a coaster bus with permanent driver, all lodging at the Aya Center (double and triple occupancy), all breakfasts and lunches, two dinners (Welcome and Closing), entry fees for all sites, all lectures, travelers insurance, and a local experienced, multi-lingual tour guide who is with the group for the entire tour.

This cost does not include costs related to obtaining a passport, visa for entry to Ghana, nor required immunizations.

Payment Timeline

A deposit of \$500 per participant is due February 28, 2025. The deposit is non-refundable unless the number of participants does not meet 15. The deposit is credited towards the total per person costs. Final payments must be made by June 2, 2025.

Faculty Lead

Global Academics price proposal includes the full cost of one (1) faculty lead. This includes RT flight and all program costs listed above but does not include any costs related to passport attainment, visa for entry to Ghana, nor required immunizations

COVID-19 safety protocols for college study abroad programs are essential to protect the health and well-being of students, faculty, and the host communities. These protocols may evolve as the global health situation changes, so Global Academics will stay updated with the latest guidance from health authorities notably the CDC and State Department Travel Guidance. Global Academics utilizes an Emergency Protocol Plan (attached) to aid COVID-19 or other health-related issues that may arise. Below are general guidelines Global Academics uses for ensuring COVID-19 related safety during study abroad programs:



1. Pre-Departure Planning:

- a. Pre-travel screening: All participants should undergo COVID-19 testing before departure.
- b. Vaccination: Encourage or require students to be fully vaccinated, if eligible.
- c. Travel insurance: Ensure that students have adequate travel insurance that covers COVID-19-related expenses.

2. Destination Assessment:

- a. Regularly monitor the COVID-19 situation in the destination country and region.
- b. Be aware of local travel restrictions, quarantine requirements, and entry conditions.

3. Health and Safety Measures:

- a. Promote proper hand hygiene and respiratory etiquette.
- b. Encourage the use of face masks in public spaces or when social distancing is not possible.
- c. Maintain physical distancing to the extent possible.
- d. Ensure access to hand sanitizers and cleaning supplies.
- e. Disinfect high-touch surfaces in common areas frequently.

4. Testing and Contact Tracing:

- a. Set up regular testing for participants, both before and during the program.
- b. Establish a contact tracing system to quickly identify and isolate cases.
- c. Develop a clear protocol for handling positive cases.

5. Quarantine and Isolation:

- a. Identify designated quarantine and isolation facilities or procedures for students who test positive or are exposed to the virus.
- b. Provide guidance on what to do in case of quarantine or isolation.

6. Communication:

- a. Maintain regular communication with students about safety guidelines and updates.
- b. Ensure participants have access to local emergency contact information.
- c. Have a system for providing information in the local language.

7. Educational and Cultural Activities:

- a. Consider remote or outdoor learning options when possible.
- b. Adapt cultural activities and field trips to adhere to safety guidelines.
- c. Encourage small-group activities over large gatherings.

8. Contingency Plans:

- a. Develop contingency plans in case of program disruptions or lockdowns.
- b. Be prepared to provide academic support and alternative arrangements for affected students.

9. Mental Health Support:

- a. Offer mental health resources and support to help students cope with the challenges of studying abroad during a pandemic.

10. Compliance:

- a. Make sure students are aware of the importance of following safety guidelines and the consequences of non-compliance.
- b. Monitor compliance and address violations promptly.

11. Stay Informed:

- a. Continuously monitor guidance from international, national, and local health authorities for updates and changes.

Please note that guidelines and requirements related to COVID-19 can change rapidly. It is crucial that Global Academics will work closely with your college or university's study abroad office, follow the recommendations of local health authorities in the host country, and stay updated with the latest information to ensure the safety of all participants in the study abroad program.





Explore. Connect.
Learn. Celebrate.



Travel the African Diaspora
with Global Academics!

Contact Us

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